

Write a paragraph about what you do to look after the environment.

I think it is very important to look after the environment. When I go shopping, I always use reusable bags. This reduces the need for plastic bags. At home, I try not to waste water and I turn off the lights when I'm not using them. Every little thing you do makes a difference.

1- Reading a newspaper is better than reading news on the Internet. (SB 17)

I think that reading news on the Internet is better than reading a newspaper. Newspapers are usually published once a day. On the internet, you can get news easily at any time and from different sources. The internet news is more interesting because you can listen to people speaking and watch moving pictures.

2- Write your reasons either for or against the statement:

Reading the headlines in newspapers is enough to know the news. (AB 11)

I think that newspapers are a good way to find out the latest news. However, reading the headlines is not enough because they can be misleading and they do not give us a full picture. On the other hand, newspaper headlines save time and give us a general idea. So, we can choose to read the details of the news that interest us.

3- Write the story for an adventure film. (SB 23)

Write a traditional folk tale (story).(SB 24)

One day, Ali Baba was in the forest and saw some men. They said 'open sesame' and a rock opened. When they went away, he went to the cave and took some gold. The next day his brother went there but the men killed him. They wanted to kill Ali Baba but his maid saved him. In the end, he married her and they lived happily.

4- Write a story about a day in your life that you will always remember. (AB 15)

Write a postcard to your friend at home about something funny that happened to you (SB 40)

Last week, I was camping with my family. I was hiking alone in the forest when I discovered a hidden cave with boxes full of gold. I was on my way back to tell my family when I met the on the way. They told me they were going to take pictures next to the fake treasure in the cave.

5- Write your reasons for or against buying newspapers. (Progress Test - AB 17)

Some people prefer to buy newspapers daily. I think it is not a good idea. First, people can easily read news on the internet, which is easier and more interesting. Second, using so much paper is bad for the environment because we have to cut many trees to produce paper.

6- Write a fact file about a tourist site in Syria. (AB 21)

Choose one tourist site in your town or city and write a paragraph about it. (SB 31)

Write about an interesting natural site in your country. (Progress Test – AB 27)

The Environmental Garden is located in the Old City of Damascus along the Barada River near the citadel. It has a large collection of plants that grow in Damascus. It also has a small coffee shop that allows one to relax after a busy day of shopping and sightseeing in the Old City of Damascus.

7- Write a website page for tourists about your town/city. (SB 38)

Write a paragraph describing a city in Syria. (SB 37)

Damascus is a very old city. Its population is about 1.700.000. Famous sights include the Umayyad Mosque, Damascus Citadel and the Old City. In the National Museum people learn about the history of the city. You can go shopping and eat delicious food in restaurants. Buses and cars are everywhere.

8- Write a story about a day out in a town or city.(AB 23)

Write about a journey you have made. (AB 55)

Write a description of a journey you had or would like to have. (Progress Test – AB 57)

Write a diary for last weekend. Remember to include information about: (What you did - What time - Who you spent the weekend with) (SB 98)

Last weekend, I went with my friends to Aleppo. We went there by train and we arrived after four hours. During the day, we made a tour around the city and we liked the Old Citadel the most. In the evening, we met some Italian tourists and talked a lot about Aleppo. It was a fantastic journey.

9- Write your reasons for or against living in the city. (Progress Test – AB 27)

I think that living in the village is better than living in the city. In my opinion, most cities are crowded which leads to traffic jams, noise and pollution. On the other hand, the village is calm and peaceful. In the city, there are hardly any trees. Meanwhile, the village has lots of trees which mean fresh air.

10- Write a paragraph about a medical discovery. Give your reasons why you think it is important. (SB 47)

The discovery of bacteria by Pasteur is very important. Bacteria cause illnesses and before the discovery of bacteria thousands of people and animals used to die. People can protect themselves against many illnesses by fighting bacteria and keeping clean. So, this discovery has helped save the lives of many people.

11- Read this problem and give advice. I want to be fitter and healthier. What should I do? (AB 31)

First of all you should regular exercise at least for 30 minutes. It's a good idea to warm up before exercise. You shouldn't eat too much sugar. It's better to eat healthy snacks like fruit and nuts. Getting enough sleeping is important. If we don't rest, we will feel tired and get ill. People who are happy live longer as well as being with friends and family is good for our health.

12- Write a paragraph about a physical activity. Why do you think it is important to be active even if you eat healthy? (SB 53)

Doing physical activity is essential for your health. It keeps you fit and it is good for your heart. I think that having a balanced diet is not enough to stay healthy because active people are usually happier than inactive ones. In addition, this enhances the immune system and it helps to fight illnesses.

13- Write a health diary for a day. (AB 35)

Today, I had a healthy breakfast before I went to school. I had P.E. at school. We played football. I drank a lot of water after that. At lunchtime, I had a healthy meal. In the afternoon, I went swimming. In the evening, I had a light dinner and I went to bed early.

14- Write about the importance of clean water. (Progress Test - AB 37)

Clean water is essential for healthy living. People need it for drinking, cooking and agriculture. Without clean water, human beings are at risk from many diseases. Clean water also helps to get rid of all kinds of toxins. Clean water is important for our hygiene and good health.

15- Write about a charity you know. (SB 54)

The Red Crescent is a charity that aims at protecting human life and health. It also tries to prevent and reduce human problems. This charity responds quickly to disasters. There are many volunteers in this charity. They risk their lives to help people. It is a very good charity that everyone is proud of.